



SIT & SPOT

NATURE OBSERVATION



YOUR MISSION:

Nature Nuts know that we often share our communities with a wide range of wildlife species. That means that sometimes, an animal's habitat (or home) can overlap with our own. In this month's activity, you are going to discover the wild world right in your own backyard! One of the best ways to build super wildlife detective skills is to find a 'sit-spot' - a special place in your backyard where you can quietly observe nature. You might be surprised by what you see!

YOUR TASK:



1. The first step in this month's activity is to choose your sit-spot. A sit-spot should be a special, comfortable spot outside where you can sit and observe nature. It needs to be a safe and convenient spot that you can get to easily and quickly, so your backyard is the best place! If you don't have a yard, ask your parents to help you find a sit-spot at a nearby park or green space.



2. Your mission is to spend 15 minutes sitting quietly at your sit-spot, observing the natural world around you and recording your observations on the following page. What do you see? Hear? Smell? Bring a watch so you know when 15 minutes has passed.



3. Repeat this activity once a day for a total of five days. Try visiting your sit-spot at a different time each day.



4. Once you have completed this activity five times, complete the follow-up questions.

You will Need:

A printed copy of this Activity Guide • A clipboard or something hard to write on • A pencil or pen • A watch or stopwatch

Nature Nuts Tip #1

Be a good listener.
The quieter you are,
the more you will see!

Nature Nuts Tip #2

Use your senses.
What do you smell?
What do you hear?
What do you see?

Nature Nuts Tip #3

Try a new
perspective. Look up
into tree branches or
down into the grass.



OBSERVATION REPORT:

	START TIME	WEATHER	WHAT DID YOU SEE?	WHAT DID YOU HEAR?
Day 1 Date:				
Day 2 Date:				
Day 3 Date:				
Day 4 Date:				
Day 5 Date:				



ADDITIONAL QUESTIONS:

What time of day was busiest in your sit spot?



What time was the quietest?



Do you think being a quiet observer helped you to see more? Why?



Do you think being a quiet observer helped you to see more? Why?



Were you surprised by what you saw? Heard? Smelled?



Did you have fun?



ABOUT SCWA

Spruce City Wildlife is a conservation club that was founded in 1970. Made up of hunters, anglers, trappers and various outdoor enthusiasts, these people provide a broad base of interests and willingness to get involved in putting something back into the wildlife resources, which we all admire and make use of. The group is affiliated with the B.C. Wildlife Federation and SCWA memberships include the insurance benefits provided through the BCWF. Our mandate is to ensure the sound long term management of BC's fish, wildlife, park and outdoor recreational resources in the best interests of all British Columbians.

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